



General Authority for Health Services for the Emirate of Abu Dhabi
Al-Rahba Hospital
Department of Pharmacy

Generic name: Captopril, Enalapril, Perindopril, Lisinopril



Why is this medication used?

Your doctor may have prescribed one of these medications for the treatment of high blood pressure and heart disease. These medications will not cure your condition but will help to manage your condition and the symptoms associated with it. These medications are sometimes prescribed for other uses.



How should this medication be used?

- You should take your medication exactly as prescribed by your doctor. Do not change the way you take your medication unless directed to do so by your physician.
- Do not abruptly discontinue these medications unless advised so by your doctor even if you feel well.
- These medications may irritate your stomach so it may be a good idea to take them with food or milk with the exception of captopril which works better on an empty stomach.
- If you are taking captopril you should take it 1 hour before meals or 2 hours after.



What special precautions should I follow?

- Inform your physician and pharmacist what prescription and non-prescription medications you may be taking because certain medications may interfere with the way your medication works.
- Let your doctor know about your past and current medical history.
- Do not take these medications if you are pregnant, plan on becoming pregnant or you are breast feeding. If you become pregnant while taking these medications you should contact your doctor.
- This medicine may make you dizzy or lightheaded. Avoid driving, using machines, or doing anything else that could be dangerous if you are not alert.
- You should avoid sudden changes in your posture to minimize the dizziness. You can do this by rising slowly from a sitting or flat position. As your body adjusts to the medication you should not feel dizzy as often.
- You should not miss your appointments with your doctor and the laboratory. Your blood pressure will be routinely checked to measure your response to your therapy.
- You should Store this medication at room temperature, away from heat, moisture, and direct light. Keep all medications away from children.



What special dietary instructions should I follow?

- Avoid food with high sodium contains (salt). You should to receive some dietary guideline to follow from your doctor.



What should I do if I forget to take a dose?

- If you miss a dose or forget to take your medicine, take it as soon as you can. If your next regular dose is less than 8 hours away, wait until then to take the medicine and skip the missed dose.
- Do not use extra medicine to make up for a missed dose.



What side effects can this medication cause?

Notify your physician if you experience any of the following:

Lightheadedness, dizziness, Headache, excessive tiredness, dry and persistent cough, upset stomach, sore throat, fever, excessive sweating and impaired taste perception.

Prepared by: Pharmacy Department- Al-Rahba Hospital

Approved by: Patient Counseling Task Force

Reference available upon request

11April 2006