



General Authority for Health Services for the Emirate of Abu Dhabi

**Al-Rahba Hospital
Department of Pharmacy**

Generic name: ATORVASTATIN



Why is this medication used?

This medication is used to lower high level of cholesterol. Maintaining normal levels of cholesterol and fats in the blood can help reduce the risk of developing heart disease.



How should this medication be used?

- Take only as directed, your health care provider will monitor your response to therapy by assessing your symptoms and testing your blood to measure your cholesterol level.
- You can take the medicine with or without food.
- This medication is usually taken once daily preferably at bedtime.
- Do not discontinue therapy without talking to your physician, it is long term therapy.



What special precautions should I follow?

- Inform you doctor if you are pregnant or breast feeding.
- Inform your doctor if you have any liver or kidney diseases.
- Inform your doctor if you are using any medications.
- You should keep all appointments with your doctor and / or laboratory.
- You should Store this medication at room temperature, away from heat, moisture, and direct light. Keep all medications away from children.



What special dietary instructions should I follow?

- Do not eat grapefruit or drink grapefruit juice while taking this medication.
- Avoid foods with high level of fat and cholesterol; you should follow a dietary guideline from your doctor.



What should I do if I forget to take a dose?

- If you miss a dose or forget to take your medicine, take it as soon as you can. If your next regular dose is less than 8 hours away, wait until then to take the medicine and skip the missed dose.
- Do not use extra medicine to make up for a missed dose.



What side effects can this medication cause?

Notify your physician if you experience any of the following:

Muscle pain, weakness, unexpected fever, yellow skin or eye and stomach pain.