



General Authority for Health Services for the Emirate of Abu Dhabi

**Al-Rahba Hospital  
Department of Pharmacy**

**Generic name: ATENOLOL**



**Why is this medication used?**

This medication is used to control high blood pressure and to help prevent heart attack. It can be used as antianginal agent and as prophylactic against migraine attacks.



**How should this medication be used?**

- Take this medication exactly as prescribed by your physician. Do not make any change in your therapy unless directed to do so by your doctor.
- It is best to take this medication on an empty stomach.
- This medication will help to control your symptoms, so make sure to continue therapy with this medication even if you feel well.
- Do not discontinue therapy with this medication suddenly without talking to your doctor.



**What special precautions should I follow?**

- Make sure your doctor knows if you are pregnant or breastfeeding.
- Make sure your doctor knows if you have asthma, emphysema, bronchitis, diabetes, kidney disease, or overactive thyroid.
- This medication may raise or lower your blood sugar, and it may cover up symptoms of very low blood sugar (hypoglycemia).
- This medication may make you dizzy. Avoid driving, using machines, or doing anything else that could be dangerous if you are not alert.
- Inform your doctor if you are using any medications.
- You should Store this medication at room temperature, away from heat, moisture, and direct light. Keep all medications away from children.



**What special dietary instructions should I follow?**

- Avoid food with high sodium contains (salt).
- Give the medicine on empty stomach if tolerated.



**What should I do if I forget to take a dose?**

- Use the missed dose as soon as you remember, if it is almost time for your next dose, wait until then to use your medicine and skip the missed dose.
- You should not use two doses at the same time.



**What side effects can this medication cause?**

**Notify your physician if you experience any of the following:**

Hypotension, chest pain, dizziness, Fatigue, headache, constipation, and stomach pain.