



General Authority for Health Services for the Emirate of Abu Dhabi

**Al-Rahba Hospital  
Department of Pharmacy**

**Generic name: AMLODIPINE**



**Why is this medication used?**

This medication is used to treat high blood pressure and angina.



**How should this medication be used?**

- Take this medication once a day. It is best to take it at the same time every day.
- Take this medication exactly as prescribed by your physician. Do not make any change in your therapy unless directed to do by your doctor.
- Do not discontinue therapy with this medication suddenly without talking to your doctor, it is long term therapy.



**What special precautions should I follow?**

- Make sure your doctor knows if you are pregnant or breastfeeding.
- Make sure your doctor knows if you have liver disease, heart failure, stomach problems, or aortic stenosis (narrowing of a valve in your heart).
- This medication may make you dizzy or lightheaded. Avoid driving, using machines, or doing anything else that could be dangerous if you are not alert.
- Make sure that your doctor knows if you are taking any medications.
- You should store this medication at room temperature, away from heat, moisture, and direct light. Keep all medications away from children.



**What special dietary instructions should I follow?**

- Avoid food with high sodium content (salt).
- You should receive some dietary guidelines to follow from your doctor.



**What should I do if I forget to take a dose?**

- Use the missed dose as soon as you remember, if it is almost time for your next dose, wait until then to use your medicine and skip the missed dose.
- You should not use two doses at the same time.



**What side effects can this medication cause?**

**Notify your physician if you experience any of the following:**

Chest pain, dark yellow urine, fast and irregular heart pain, swelling in the ankles and feet, yellow eyes or skin and unusual tiredness or weakness.