



**General Authority For Health Services for the Emirate of Abu Dhabi**

**Al-Rahba Hospital  
Department of Pharmacy**

**Generic name: AMIODARONE**



**Why is this medication used?**

This medication is anti-arrhythmic used to treat life-threatening heart arrhythmias.



**How should this medication be used?**

- Your doctor will tell you how much to take and how often.
- Do not discontinue therapy without talking to your physician, it is long term therapy.
- You may take this medication with or without food, but take it the same way each time.
- You may need to carry identification showing that you are taking amiodarone. ask your doctor about this.



**What special precautions should I follow?**

- Using this medicine while you are pregnant can harm your unborn baby. Use an effective form of birth control to keep from getting pregnant.
- Inform your doctor if you are breast feeding. Or have congestive heart failure, lung disease, cancer, liver disease, or thyroid disease.
- This medication may make your skin more sensitive to sunlight. Use a sunscreen when you are outdoors.
- Some drugs may affect the therapeutic effect of amiodarone, inform your doctor if you are using any drugs.
- Make sure to keep all your laboratory and doctor appointments. Your doctor will conduct routine examinations of your liver and thyroid function and your eyes while you are taking this medication.
- You should Store this medication at room temperature, away from heat, moisture, and direct light. Keep all medications away from children.



**What special dietary instructions should I follow?**

- Do not eat grapefruit or drink grapefruit juice while you are using this medication.



**What should I do if I forget to take a dose?**

- If you miss a dose or forget to take your medication, take it as soon as you can. If your next regular dose is less than 8 hours away, wait until then to take the medication and skip the missed dose.
- If you forget to take your medication more than more than 2 days in a row, call your doctor for instructions.



**What side effects can this medication cause?**

**Notify your physician if you experience any of the following:**

allergic reaction, muscle pain, unusual bruising, yellowing of the skin and eyes and severe headache.