



Health Authority – Abu Dhabi



INSTRUCTIONS FOR PARENTS OF NEWBORN WITH PLASTIBELL CIRCUMCISION

What is circumcision?

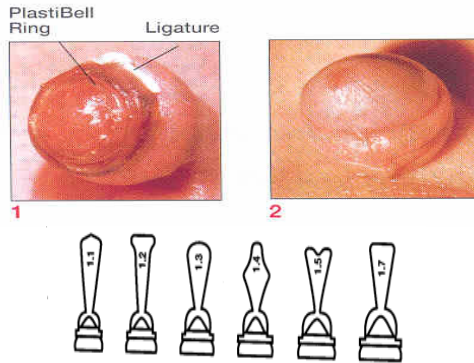
It is a surgical removal of the extra skin (foreskin) from the penis.

Why it is performed?

It is a routine procedure in some cultures and/or for cosmetic reasons.

When can it be performed?

It is often performed in the newborn period or after parent's request. Newborns can be circumcised **12 hours** after birth or more. If baby has any problems a Pediatrician will check the baby before circumcision. It will be done by a qualified Surgeon using Plastibell method which is shown in the picture.



Consent:

The mother or the father will be asked to sign consent for the operation. Before parents sign the consent form, a nurse will ask if any of the family or other children have any type of bleeding disorder. If you have any questions, please ask before signing the consent form.

Before the Circumcision:

Please do not feed your baby one (1) hour before the procedure to avoid vomiting during the procedure.

Method of Circumcision:

A local anesthesia will be applied to the penis before the circumcision.

Discharge:

Following the circumcision, **the baby may be discharged two (2) hours after the procedure** or according to doctor's order.

After care:

- Immediately after circumcision the baby will enjoy the comfort of breast/bottle feeding.
- It is very important to keep the area clean. No dressing is required if Plastibell is used. The plastic ring usually drops off five (5) to eight (8) days after the circumcision. The baby can be bathed and diapered as if he has not been circumcised. **Note:** A dark brown or black area around the plastic ring is natural. This will disappear when the ring drops off.

Be sure to notify your doctor immediately or come to Emergency Department if the following occur:

- **Unusual swelling**
- **The plastic ring has not fallen off within eight (8) days**
- **The ring has slipped onto the shaft of the penis**
- **Healing does not proceed as described by the nurse/doctor.**